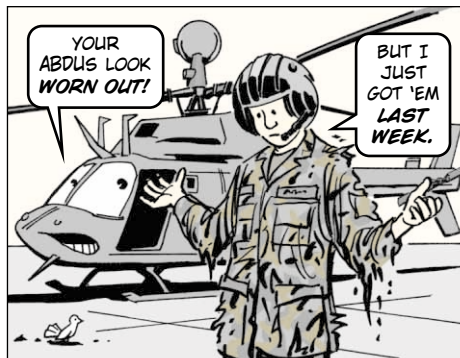


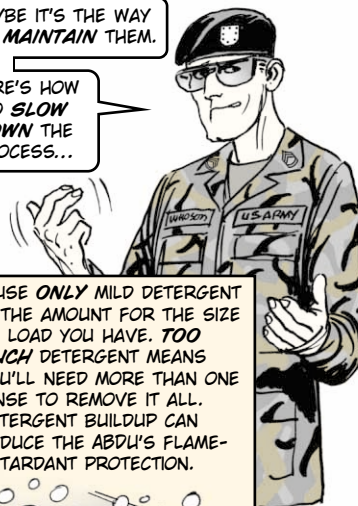
WHAT'S UP WITH ABDU CLEANING?



HAVE YOUR AVIATION BDUS BEEN WEARING OUT **FAST**?

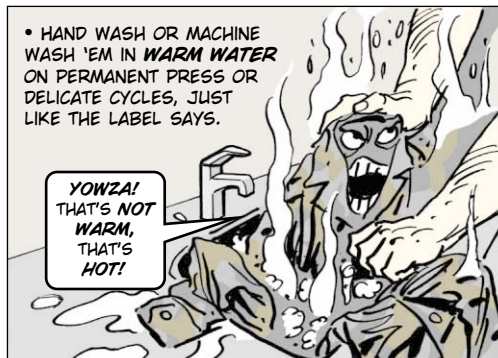
MAYBE IT'S THE WAY YOU **MAINTAIN** THEM.

HERE'S HOW TO **SLOW DOWN** THE PROCESS...



• HAND WASH OR MACHINE WASH 'EM IN **WARM WATER** ON PERMANENT PRESS OR DELICATE CYCLES, JUST LIKE THE LABEL SAYS.

YOWZA! THAT'S NOT **WARM**, THAT'S **HOT!**



• USE **ONLY MILD DETERGENT** IN THE AMOUNT FOR THE SIZE OF LOAD YOU HAVE. **TOO MUCH** DETERGENT MEANS YOU'LL NEED MORE THAN ONE RINSE TO REMOVE IT ALL. DETERGENT BUILDUP CAN REDUCE THE ABDU'S FLAME-RETARDANT PROTECTION.



• BECAUSE NOMEK MATERIAL **DOES NOT** ABSORB MUCH WATER, ABDUS DO NOT NEED HIGH DRYING TEMPERATURES. EITHER **DRIP DRY** OR **TUMBLE DRY** AT LOW HEAT AND HANG THE UNIFORM ON A RUSTPROOF HANGAR TO AVOID RUST STAINS.

IF YOU **TUMBLE DRY**, USE AN ANTI-STATIC FABRIC SOFTENER SHEET. HANG THEM UP WHEN THE DRYER IS DONE. LEAVING ABDUS IN THE DRYER WILL WRINKLE THEM.

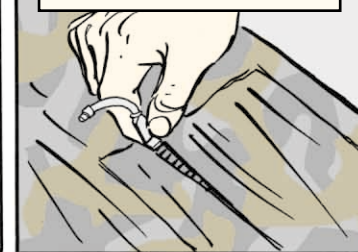


• **DON'T** STARCH OR USE SIZING SPRAY ON THE ABDUS. THAT REDUCES THE ANTI-STATIC AND FLAME-RETARDANT PROTECTION. **DON'T** USE BLEACH, EITHER. IT CAUSES FADING.

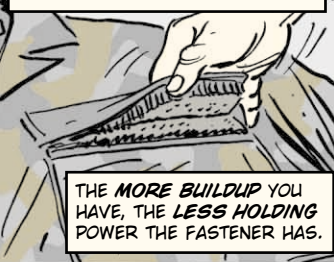
GET BACK!



• **CLOSE ZIPPERS BEFORE** WASHING. THAT PROTECTS THE TEETH FROM SEPARATING FROM THE ZIPPER TAPE AND KEEPS THEM EASY TO OPERATE.



• **CLOSE HOOK-AND-PILE FASTENERS** TO REDUCE THE COLLECTION OF LINT, THREAD AND FUZZ IN THE HOOK PORTION OF THE TAPE.



THE **MORE BUILDUP** YOU HAVE, THE **LESS HOLDING** POWER THE FASTENER HAS.

"IF YOU HAVE SEAMS COMING APART, HOOK-AND-PILE FASTENERS SEPARATING FROM THE FABRIC, OR TORN POCKETS ON THE ABDUS, RETURN THEM TO THE ISSUING FACILITY FOR REPAIRS."

I THOUGHT IT WAS ABOUT TIME TO GET THESE REPAIRED.

YEAH. I'D SAY SO.



"IF YOUR ABDU'S FABRIC BEGINS TO **THIN** OR **WEAR OUT**, YOU LOSE THERMAL PROTECTION - IT MAY BE TIME TO TURN THEM IN, TOO. SEE YOUR AVIATION LIFE SUPPORT OFFICER TO FIND OUT FOR SURE."

LOOKS LIKE THEY'RE GETTIN' THIN.



CHECK OUT ALL **PREVENTIVE MAINTENANCE** INFO ON ABDUS IN TM 10-8400-201-23.

